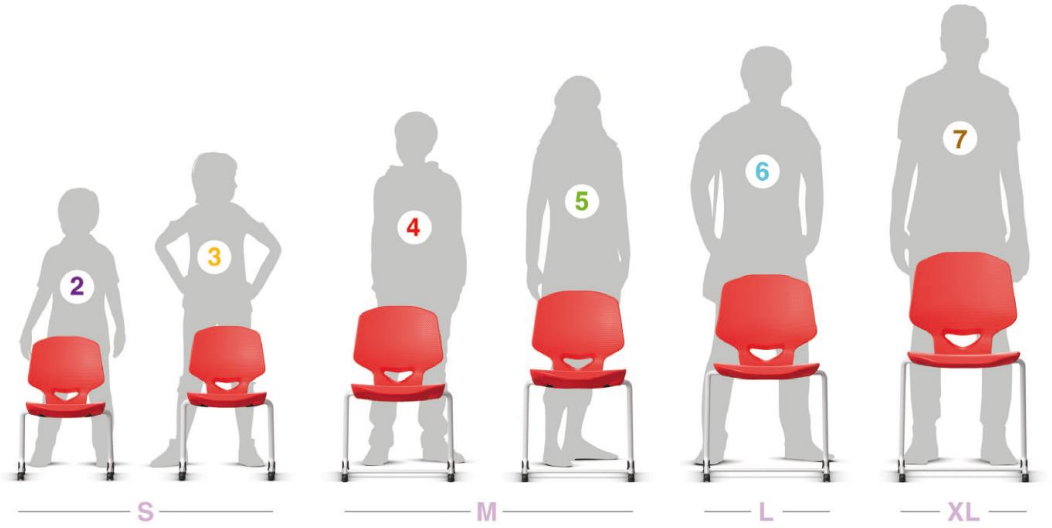
Body sizes in cm:						
Max:	121.0	142.0	159.0	176.5	188.0	207.0
Min:	108.0	119.0	133.0	146.0	159.0	174.0



Chair and table sizes in cm:						
Chair:	30.5	34.0	38.5	43.0	46.0	50.0
Table:	53.0	59.0	64.0	71.0	76.0	82.0

Chair and table sizes according to DIN EN 1729

Sitting properly and working ergonomically at school – for this to be possible the chairs and desks must be adapted to the body size of the different students. The DIN EN 1729 standard correlates body size with seat and/or table height and defines six chair and table sizes.

It is very important to check body sizes at regular intervals and to assign the chairs and desks accordingly. All students need the chair and desk that are right for their body size. Otherwise, their posture may be impaired and this can result in back pain or headaches.

The six chair and desk sizes set out in DIN EN 1729 are easy to distinguish due to the use of colored indicators. They range from the size 2 seat height of 30.5 centimetres through to the size 7 seat height of 50 centimetres. The corresponding table heights vary between 53 centimetres and 82 centimetres accordingly.

As a result, students who are 1.08 metres tall can enjoy the right seating and working conditions just as much as those measuring 2.07 metres.

